



Jewish Educational Services
An agency of The Associated

School Guidance Counselors Community of Practice

Why is this cohort important and how can it add to your Professional growth?

Shared Learning and Best Practices

- Counselors in a cohort exchange strategies, tools, and insights that have worked in their schools.
- Through exposure to different approaches this enhances problem-solving and innovation in counseling practices.

Emotional and Professional Support

- Counseling can be emotionally demanding; having a peer group offers a space to debrief and recharge.
- Cohorts foster a sense of belonging and reduce professional isolation, especially in schools with only one counselor.

Learning and Best Practices

- Regular check-ins and collaborative goals help maintain momentum in professional development.
- Cohorts encourage reflection and continuous improvement through the learning topics which qualify for CEU credits

Access to Broader Resources

- This cohort comes together each year to give ideas to shape the annual Mental Wellness Summit –a community-wide day of learning for school professionals on the topic of mental wellness
- The Associated Network has many resources that you have access to such as the JES support team, JCS social workers and preventative wellness workshops, and the Jewish Library of Baltimore, all of which offer programming and services for free or a reduced rate.